

# Personal Prayer List Of

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***The example of Jesus:*** Mark 1:35 “Now in the morning, having risen a long while before daylight, He went and departed to a solitary place; and there He prayed.”

***The example of David:*** Psalms 109:4- David was a man who “gave himself to prayer” [NKJV]....”I am a man of prayer” [NIV]; and 1 Sam. 13:14; Acts 13:22 and 16:7- David is called a man after God’s own heart.

***God’s simple design for you to walk uprightly today:*** *The one intending to walk uprightly can be equipped to do so, with God’s abiding help, if he will seriously study God’s Word and be fervent in praying. Psalms 119:11, “Your Word have I hidden in my heart that I might not sin against You” ...and ... Psalms 119:33 “Teach me, O LORD, the way of Your statutes, and I shall keep it to the end.”... coupled with ... Mark 14:33, “Watch and pray, lest you enter into temptation.”*

# A Rule of Life

There is NOTHING more important in ANY day than my Bible study and prayer . . . . nothing . . . . no matter what else is scheduled.

If I have substantial quality and submitted time with the Lord in serious Bible Study and prayer, and then live obediently for the Lord that day then the day is a success, no matter what else happens or does not happen that day;

and

NO DAY can be considered complete or a success unless I have spent such QUALITY quiet time with the Lord that day and have obeyed Him . . . no matter what else has happened or has been accomplished that day.

# Praise & Worship

## PRAISE - ATTRIBUTES AND NAMES OF GOD - GOD is:

- (1) **Ehyeh asher Ehyeh = I AM THAT I AM;** ... my GOD, Sovereign yet mysteriously gives us free choices, God rules over all things, God accomplishes all things that He wills, The King of kings, The Lord of lords, The Trinity .....
- (2) **El-Shaddai** = All-Sufficient God ... Omnipotent, Lord God Almighty, my Fortress, The Beginning through the End, Self-Existent, Pre-Existent, Self-Sufficient, Invincible .....
- (3) **El-Roi** = The God Who Sees; Omniscient, In Total Control (kings and earthly leaders, human events, good angels, and Satan and demons- **all are under His control** (and even human decisions when God selectively chooses to invade a person's will) .....
- (4) **Abba Father ("Daddy");** ... **Everlasting Father** ,Omnipresent, God is WATCHING and He truly cares about what He sees, The Prayer-Answerer, The Keeper of all Promises, Life-Giver, The Judge, Absolute, my Support, His Tender Mercies, Kind .....
- (5) **My Heavenly FATHER** who calls us His own children, my Eternal Dwelling Place and underneath are His Loving Arms, Just [The Just One], Caring, Compassionate, Hater of Sin, Gentle ...
- (6) **Elohim** = God in majestic greatness; ... The Problem-fixer, The Owner of Time & The Redeemer of Time, The Great Physician, Unity of the Godhead ....

- (7) **Yahweh = Jehovah God;** ... Before all things, Eternal, Infinite, Loving, Awesome, Free, Near, Unique, One, The Anointed One, my Ransom, Enduring, Famous....
- (8) **Adonai** = Lord; ... my King, my Master, Owner, Immutable, Incomparable, Unsearchable, The Author of life, The Author of the Word of God, Supreme, Potentate.....
- (9) **El-Olam** = The Eternal God of forever; ... Jesus the Son of God, Jesus the Son of Man, The Helper, The Comforter, Pursuer of men .....
- (10) **El-Elyon** = God Most High; ... The Ruler of all of God's creation, Incomprehensible, Transcendent, , my Guide, Approachable, The Living God, Solitary, He Foreknows .....
- (11) **Attiq Yomin** = The Ancient of Days; ... All-Good, God desires to bless and benefit me, my Hope, The Chief Cornerstone, Christ is my Joint-Heir, Holy Spirit.....
- (12) **El-Qana** = The Jealous God (Jealous with a holy and intense love for His children), Merciful from everlasting to everlasting, Gracious, Jesus calls me His friend and His brother, The Friend of sinners, my Mediator....
- (13) **Qadosh** = The Holy One; ...God is Love and Abounding in unfailing Love, The Sustainer and The Upholder of all things, my Keeper, Ready to Pardon, Pure, The Purifier, The Refiner ....
- (14) **El-Hashamayim** = The God of Heaven; ... Awesome, The Way, The Truth, The Life, my Conscience-enhancer, Faithful, Relents from doing harm .... The One Who IS and Who WAS and Who IS TO BE ...
- (15) **Jehovah-Osenu** = God our Creator; ... The Owner of 100% of Vengeance, The Messiah, my Joy-Giver, Generous, Available All the

Time and at Anytime, God does Wondrous Works...

- (16) **Jehovah-Yireh** = God will provide; ... my Advocate, God can defeat my enemies for me and employ any method He chooses, e.g. He can grant me favor in the eyes and mind of another, or confound the enemy, etc. ....
- (17) **Jehovah-Ropheka** = God who heals; ... Worthy, On my Side, Preeminent, my Justifier, my Passover, The Door, Honest (God's Veracity) .....
- (18) **Jehovah-Tsabaoth** = God the Warrior; ... Patient, Upright, Longsuffering, The Lamb of God, The Passover Lamb, The Bridegroom of the Church, Holds All Things together .....
- (19) **Jehovah-Nissi** = God my Banner – leading into battle; ... The Builder of my heavenly mansion, Slow to Anger and Abounding in Mercy....
- (20) **Jehovah-Shalom** = God is Peace; ... True, Forgiving, my Deliverer, my Peace-giver, Above all things, The Resurrection and the Life.....
- (21) **El-Gibhor** = Mighty God; ... Trustworthy, The Head of the Church, my Light - The True Light & The Light of the World, The Provider of a way to escape temptation, my Stronghold .....
- (22) **Jehovah-Shammah** = God is there; ... my Intercessor, my Great High Priest, Never Leaves or Forsakes me, How Excellent is His Name.....
- (23) **Jehovah-Tsidkenu** = God our Righteousness; ... Jesus is the Everlasting Word made Known, The One who clothes me in Jesus' Righteousness, The Sacrifice for sin.....
- (24) **Jehovah-M'qaddish** = God Who Sanctifies; ... my Hiding Place, my Refuge, my Strength,

my Purpose in life, my Maker, Gives me His Undivided Attention .....

- (25) **Jehovah-Tsur** = God the Rock; ... the Rock of my salvation, Immovable, Great, The Doer of Great Things, The Servant, The True Vine, Wonderful, King Eternal, The Amen ...
- (26) **Jehovah-Ro'eh** = God the Shepherd; ... my Great Shepherd, The Gate for the sheep, Understanding, Compassionate, The Prince of Peace, Wonderful Counselor, Immortal, The Pierced One.....
- (27) **Jehovah-Go'el** = God the Redeemer; ... Wise and The Giver of Wisdom, Glorious, Father of Light, Father of Glory, The Excellent One, The Divine Nature .....
- (28) **Jehovah-Yasha** = God is Salvation; ... my Sin-Bearer, my Savior, The Propitiation, The Savior of the world, He Pardons my iniquities, Vigilant, my Protector, my Shield, Spirit, The Watcher of my soul.....
- (29) **El-Elyon** = God Most High; ... my Teacher, Bread of Life, my Leader, Lion of Judah, Goes Before us, Exalted, King of Glory, King Forever, Lord of Hosts .....
- (30) **Esh Okhlah** = Consuming Fire; ... Perfect, Beautiful, The Bestower of True Riches and True Success, The Resurrection and the Life, The Father of Mercies.....
- (31) **Elohim bin Yachid** = God and Only Begotten Son; ... True and Righteous Witness, 100% Right, , God goes before us to make the way, The Coming One

..... And

### **SOON-RETURNING !**

Compiled by Rafe over the years  
Updated June 23, 2010

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# Accountability Questions for MEN

1. How is my overall spiritual health? By God's grace, can it be said of me that I am a growing Christian whose first love is the Lord, and do I have a passion to know the Lord better, to serve Him, obey Him and to bring glory to the Lord Jesus Christ?
2. Am I really striving to please the Lord in all areas of my life? How does that show?
3. Am I becoming more and more conformed into the image of the precious Lord Jesus Christ? In what ways?
4. Have I been totally honest? Have I engaged in any half-truths, falsehoods, or misleading statements? Have I lied or misrepresented the full truth about any matter?
5. Have I honored God at my work (both at my employment and at home)? Have I dealt with integrity and fairness in all my work, personal and business relationships, and in all of my statements and actions relating to all aspects of my work? Have I worked hard, as unto the Lord, being diligent and totally avoiding laziness, idleness and time-wasting?
6. Have I been kind, gentle, gracious and merciful to others? Have I answered with gentle and pleasant words, avoiding harsh

words? Or have I been quarrelsome and ill-tempered? Have I harbored a spirit of unforgiveness, grudge-bearing or bitterness against anyone? Have I been patient?

7. Have I hidden any sins? Is there any unconfessed sin in my life that I am unwilling to deal with? Have I refused to fully repent? Is my conscience clear and clean before God and with others?
8. Have I been morally pure? Have I maintained purity in my thoughts, words, actions and relationships with women? Have I viewed or read any pornography, dirty books or other material which contains nudity or sexual content? Did I vigilantly control my eyes and ears? Did I immediately flee from lust? Did I immediately "look away"?
9. Have I truly honored God? Or have I engaged in any conduct, words or thoughts which were dishonoring to the Lord? Right now do I believe that the Lord would consider my thoughts, words, attitudes and actions to have been consistent with God's Word and His Ways?
10. Did I give of myself, my time, my service, my gifts and talents to the Lord and to my local church? Have I faithfully met my financial and time commitments to my Church? Am I a cheerful and sacrificial giver? Have I been a good and faithful steward?
11. Have I spent quality time studying and meditating on the Word of God every day as

a part of systematic Bible study? Am I working on memorizing Scripture? Do I have a disciplined and vital devotional life?

12. How has my prayer life been? Have I prayed daily as a part of a disciplined, persistent and fervent prayer program? Do I have a plan for my work of prayer? Do I have a set-aside time and place for my prayer time? Have I remained in an attitude for immediate prayer at all times through the day?
13. Have I prayed for each member of my family every day? Have I kept current on their prayer requests and needs of each member of my family? Have I faithfully kept my promises to pray for someone or something?
14. Have I affirmatively planned and prayed about how to best lead, protect, teach, nurture and support my family? Have I carried out those things excellently? Have I kept my family as true a priority? Have I invested my time and energy into my family this week by giving attention and undivided attention and time to the activities and interests of my family, family conversation, spiritual instruction of my family, and family recreation? Have I protected my family? How? Have I maintained proper balance and priorities when considering my family and their needs and benefits, in relation to my work, activities, and friends away from my family? Have I been an effective father according to God's Word?

15. While being the head of my wife have I been totally submitted to Christ as my head? Have I loved my wife just as Christ has loved the church, and as I love my own body? Have I refrained from being harsh with my wife? Have I treated my wife with respect and recognized her as my joint heir of Christ's gracious gift of life?
16. Have I honored my wife? Have I been totally loyal to my wife in every respect? Have I affirmed my wife and assisted her to be her best? Have I maintained excellent and God-honoring communication with my wife. Have I vigilantly guarded matters that should be kept strictly private between my wife and me?
17. Have I taken the lead in romance and intimacy with my wife, remembering that my body belongs also to my wife and that I must not deprive my wife of sex? Have I kept my wife as my best friend and my confidante?
18. Have I taken captive my thoughts in obedience to Christ? Has my thought life been honoring to the Lord and have I refused to think, visualize or fantasize about themes of power, sexual misconduct, illicit relationships, or materialism? Is the Lord pleased with my thoughts?
19. Have I honored the Lord with my speech? Have I vigilantly guarded my tongue so that my speech is consistent with a sound commitment to the Lord and displays a clear testimony for Him? Have I avoided wrongful jokes, gossip, slander, tongue-

wagging, cutting others down, wrongful criticism or the giving and receiving of bad reports about other Christians? Is the Lord pleased with my speech?

20. Am I involved in evangelism? Do I have a plan for the “who?” “when?” and “how?” of my evangelizing, and did I follow that plan? Did I PRAY for opportunities to witness and for God’s strength, guidance and effectiveness in evangelizing? Did I readily share my faith in Christ through personal evangelism and did I maintain and display a clear, evident Christian testimony?
21. What is my grade in the areas of: (a) Christian character; (b) ethics; (c) morality; (d) integrity; (e) willing obedience of the Lord’s directives and instructions; (f) being the husband God calls me and instructs me to be; and (g) being the father (grandfather) God calls me and instructs me to be?
22. Have I kept my relationship with the Lord vital, close, sweet and unhindered? When I sinned did I seek the Lord to confess my sins and did I ask for forgiveness from the Lord and from anyone wronged or offended? Did I truly repent of each sin?
23. Have I taken proper and God-honoring care of my body - which is the temple of the Holy Spirit - through exercising discipline in what and how much I ate and drank, and through a diligent plan for regular and proper exercise and proper nutrition?
24. Have I been an example of a believer so as to encourage Christians and to attract

unbelievers to the Lord? Have I eliminated any possible “stumbling blocks”? Have I made choices that were totally in accord with God’s Word and were clearly pleasing to God? Am I on the “center beam” of God’s will and God’s ways?

25. Have I genuinely submitted to authority? (to the Lord and His Word, to my pastors and church leaders, to my bosses and employer, to political rulers and the laws of the land, and to others in authority over me.)
26. Do I have God’s peace in my life and abundant joy in the Lord? Am I truly content with what I have while striving to achieve spiritual and personal growth? How does that show?
27. Have I been humble? Have I rejected pride and selfishness? Do I give God 100% of the credit? Do I think and act consistent with the truth that apart from the Lord I can do NOTHING? Do I put into my life the principle that “I can’t...God can”?
28. Have I hallowed God? Have I eliminated “idols” in my life to be sure that God is in fact number one in my life, in my attention, in my devotion, and in my desires?
29. Have I been careful and God-pleasing in my associations and in choosing my friends and counselors, and in deciding with whom I spend my time?
30. Have I maintained an attitude of conscious thankfulness to God, and have I expressed my thanks to Him in all things and at all



times, and especially during my times of prayer? Have I been thankful to others and have I expressed that appreciation verbally or in writing to others?

31. Have I fulfilled with excellence my God-given roles, duties and responsibilities? As a child of God, as a man, as a husband, as a father, as a grandfather, as a son, as a son-in-law, as a deacon, as an employee (or employer), as a member of my local church, as a friend, as a counselor, and as \_\_\_\_\_?

(Revised August, 2009)

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# MY FAMILY



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# CHURCHES

**My Church** – \_\_\_\_\_

My Pastors and their families \_\_\_\_\_

Other: \_\_\_\_\_

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**Other Churches:** \_\_\_\_\_

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# Evangelism

**Romans 1:16.** “For I am not ashamed of the gospel of Christ, for it is the power of God unto salvation for every one who believed . . .”

**2 Corinthians 5:18-20.** “Now all things are of God who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation, that is that God was in Christ reconciling the world to Himself, . . . we are ambassadors for Christ, as though God were pleading through us: we implore you on Christ’s behalf, be reconciled to God!”

**FAMILY:** \_\_\_\_\_

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**FRIENDS:** \_\_\_\_\_

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# Giving – Stewardship

All of me . . . All of my time, talents, gifts and resources . . .

To my Church – \_\_\_\_\_

1. My Time \_\_\_\_\_

2. My Serving/ministries \_\_\_\_\_

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3. Resources

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# MY MINISTRIES

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7. Have I hidden any sins? Is there any unconfessed sin in my life that I am unwilling to deal with? Have I refused to fully repent? Is my conscience clear and clean before God and with others?
8. Have I been morally pure? Have I maintained purity in my thoughts, words, actions and relationships with men? Have I viewed or read any pornography, dirty books, romance novels with themes of sex outside of marriage or other material which contains nudity or sexual content? Did I vigilantly control my eyes and my ears?
9. Have I truly honored God? Or have I engaged in any conduct, words or thoughts which were dishonoring to the Lord? Right now do I believe that the Lord would consider my thoughts, words, attitudes and actions to have been consistent with God's Word and His Ways?
10. Did I give of myself, my time, my service, my gifts and talents to the Lord and to my local church? Have I faithfully met my financial and time commitments to my Church? Am I a cheerful and sacrificial giver? Have I been a good and faithful steward?
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12. How has my prayer life been? Have I prayed daily as a part of a disciplined, persistent and fervent prayer program? Do I have a plan for my work of prayer? Do I have a set-aside time and place for my prayer time? Have I remained in an attitude for immediate prayer at all times through the day?
13. Have I prayed for each member of my family every day? Have I kept current on the prayer requests and needs of each member of my family? Have I faithfully kept my promises to pray for someone or something?
14. Have I affirmatively planned and prayed about how to nurture and support my family? Have I carefully watched over the affairs of my household? Have I kept my family as true a priority? Have I invested my time and energy into my family this week by giving undivided attention and time to the activities and interests of my family, family conversation, spiritual instruction of my family under the leadership of my husband, and family recreation? Have I maintained proper balance and priorities when considering my family and their needs and benefits, in relation to my work, activities, and friends away from my family? (If children) Have I been an effective mother according to God's Word?
15. Have I properly submitted myself to my husband as to the Lord, and have I facilitated my husband's submission to Christ as his head? Have I respected my

husband? Have I refrained from nagging or inappropriately criticizing my husband? Have I adorned myself with inner beauty – the unfading beauty of a gentle and quiet spirit – and with righteousness and spiritual virtues?

16. Have I been totally loyal to my husband in every respect? Have I affirmed my husband and assisted him to be his best? Have I maintained excellent and God-honoring communication with my husband? Have I vigilantly guarded matters that should be kept strictly private between my husband and me? Have I brought my husband good, not harm?
17. Have I been romantic with my husband and have fully engaged in and encouraged intimacy with my husband, remembering that my body belongs also to my husband and that I must not deprive my husband of sex? Have I kept my husband as my best friend and my confidante?
18. Have I taken captive all my thoughts in obedience to Christ? Has my thought life been honoring to the Lord and have I refused to think, visualize or fantasize about themes of power, sexual misconduct, illicit relationships, or materialism? Do I think the Lord would be pleased with my thought-life?
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wrongful jokes, gossip, slander, tongue-wagging, cutting others down, wrongful criticism or the giving and receiving of bad reports about other Christians? Do I think the Lord would be pleased with my speech?

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21. What is my “grade” in the areas of: (a) Christian character; (b) ethics; (c) morality; (d) integrity; (e) willing and heart-felt obedience of the Lord’s directives and instructions as set out in His Word; (f) being the wife God calls me and instructs me to be; and (g) being the mother (grandmother) God calls me and instructs me to be?
22. Have I kept my relationship with the Lord vital, close, sweet and unhindered? When I sinned did I seek the Lord to confess my sins and did I ask for forgiveness from the Lord and from anyone wronged or offended? Did I truly repent of each sin?
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24. Have I been an example of a believer so as to encourage Christians and to attract unbelievers to the Lord? Have I eliminated any possible “stumbling blocks”? Have I made choices that were totally in accord with God’s Word and were clearly pleasing to God? Am I on the “center beam” of God’s will and God’s ways?
25. Have I genuinely submitted to authority? (To the Lord and His Word, to my pastors and church leaders, to my husband, (if employed) to my bosses and employer, to political rulers and the laws of the land, and to others in authority over me.)
26. Do I have God’s peace in my life and abundant joy in the Lord? Am I truly content with what I have while striving to achieve spiritual and personal growth? How does that show?
27. Have I been humble? Have I rejected pride and selfishness? Do I give God 100% of the credit? Do I think and act consistent with the truth that apart from the Lord I can do NOTHING? Do I put into my life the principle that “I can’t...God can”?
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29. Have I been careful and God-pleasing in my associations and in choosing my friends and counselors, and in deciding with whom I spend my time?

30. Have I maintained an attitude of conscious thankfulness to God, and have I expressed my thanks to Him in all things and at all times, and especially during my times of prayer? Have I been thankful to others and have I expressed that appreciation verbally or in writing to others?
31. Have I fulfilled with excellence my God-given roles, duties and responsibilities? ... As a child of God, as a woman, as a wife, as a mother, as a grandmother, as a daughter, as a daughter-in-law, as an employee (or employer), as a member of my local church, as a friend, as a counselor, as an evangelist, and as \_\_\_\_\_?

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